### **Strumming Your Way to Success:**

**Guitar Tuning and Rhythm Basics** 



# Why Tune Your Guitar?

- Proper tuning is essential for your guitar to sound good
- Helps you play in harmony with other instruments
- Prevents damaging your guitar strings
- Makes learning and playing more enjoyable

 How do you think an out-of-tune guitar might affect your playing?





#### **Standard Guitar Tuning**

- From thickest to thinnest string: E A D G B E
- Remember the phrase: "Every Amateur Does Get Better Eventually"

- Each string has a specific pitch:
- 1. E (lowest)
- 2. A
- 3. D
- 4. G
- 5. B
- 6. E (highest)

• Can you come up with your own memory phrase for the string names?

#### **Tuning Methods**

- Electronic tuner
- Clip-on or pedal tuners
- Tuning apps on smartphones
- Online tuners
- Tuning by ear (advanced method)

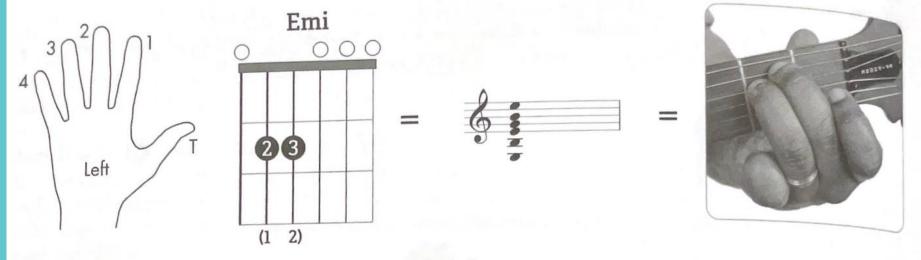
• Shows if the string is sharp, flat, or in tune

• Which method do you think would be easiest for beginners?

## TIME TO PRACTICE

- Time to tune on your own
- I will call you up to tune with me
- Once tuned, DO NOT mess with the tuning pegs

#### Notation



Here are a few images that will show up throughout the class

- The numbers on the hand refer to the left-hand fingers used to press down the strings
- The open circles tell you to play a string open (without holding down any frets)
- An "X" tells you not to play that string

## Strumming

Let's look at how we notate rhythms.

- Count these numbers steadily
- Strumming on the numbers is called playing the "on-beats"
- Strum down on the "On beats"

## Strumming

Let's look at how we notate rhythms.

- The "+" sign (also known as "and") between the numbers are called "off beats"
- When playing these, strum up through the strings rather than down

#### **Basic Strumming Patterns**

• Downstrokes: Strumming from top to bottom

• Upstrokes: Strumming from bottom to top

Common patterns:

- 1. All downstrokes: ↓ ↓ ↓ ↓
- 2. Alternating: ↓↑↓↑
- 3. "Boom-chick": ↓ ↓↑

#### **Tips for Improving Your Strumming**

Keep your strumming hand relaxed

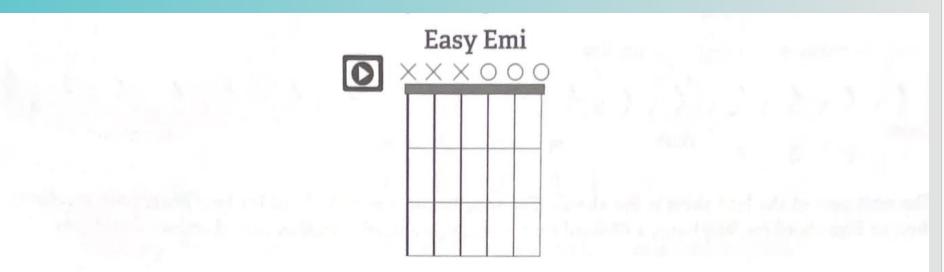
• Use your wrist, not your entire arm

• Practice with a metronome to improve timing

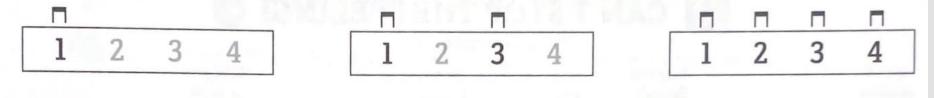
• Start slow and gradually increase speed

 Experiment with different strumming patterns for songs you know

#### First Chords!

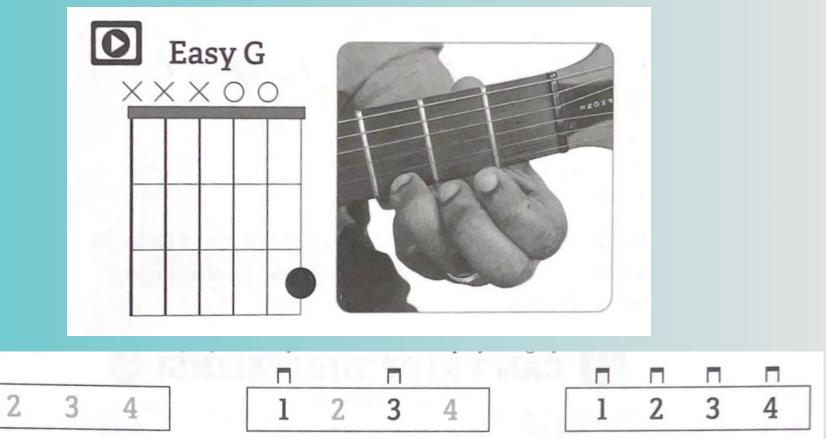


Count to four and strum down (  $\square$  ) on every black beat. Don't play the grey beats.



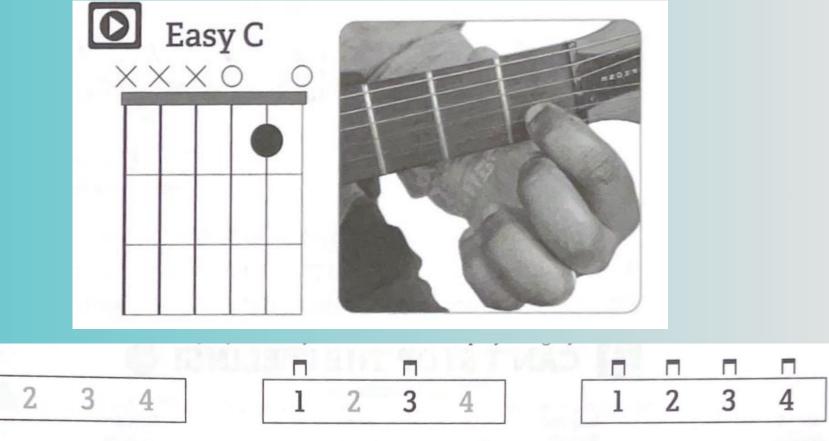
#### First Chords!

1



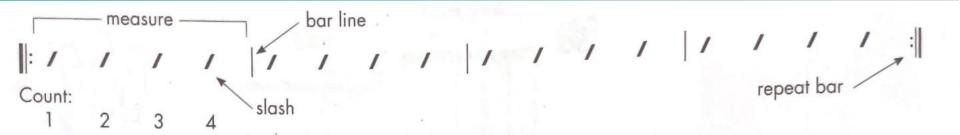
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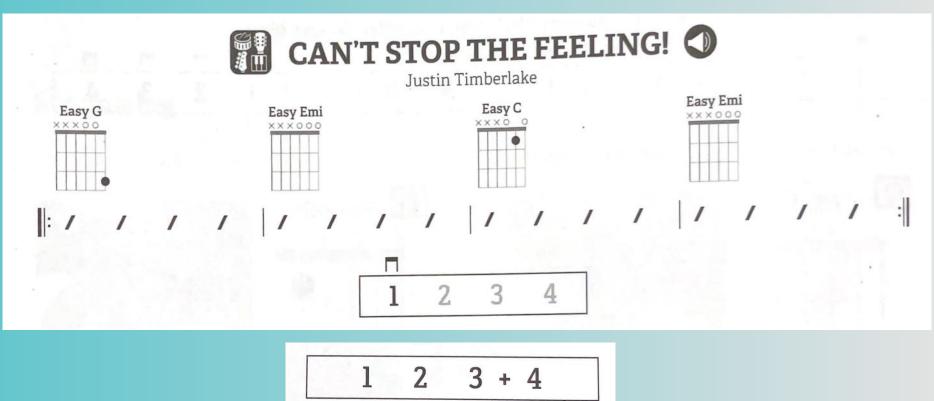


#### The Song Chart

- Lead sheet tells a musician how to play the chords of a song.
- The example below has four measures (or bars)
- Each measure is divided by vertical lines (bar lines)
- Each measure is made up of four beats, shown by slashes
- The measures are repeated over and over again, indicated by the repeat bar



#### Can't Stop The Feeling



1 + 2 + 3 4

#### Can't Stop The Feeling

Emi I've got this feeling inside my bones. Emi It goes electric, wavy when I turn it on. Emi All through my city, all through my home, Emi We're flying up, no ceiling, when we in our zone. Emi I got that sunshine in my pocket, got that good soul in my feet. Emi I feel that hot blood in my body when it drops, ooh. Emi I can't take my eyes up off it, moving so phenomenally. Emi Room on lock the way we rock it, so don't stop.

