## Cozy Area

(All About ECERS-3 Item 3. Room arrangement for play and learning page 37)

The cozy area must be protected from active play. It must be obvious that a child who wants to use the cozy area is not constantly interrupted by active play. The cozy area must be clearly defined so that children understand its purpose-to allow others to relax, daydream, and to participate in quiet activities.

**Notes for Clarification 5.2** (ECERS-3 page 18) The cozy area must provide enough soft furnishings to allow a child to completely escape the normal hardness of the typical early childhood classroom.

The sounds of active play/learning can be loud and overstimulating for some children. The cozy area is used to support those children who might need quiet space.

**TN ELDS Guiding principles:** Executive Function (or self-regulation) is vital for children's growth and development and strongly correlates with positive academic outcomes.

<u>Head Start ELOF Guiding Principles</u>: Children learn best when they are emotionally and physically safe and secure.