MEMPHIS-SHELBY COUNTY SCHOOLS

UPDATED QUARANTINE PROTOCOL

Positive cases isolate for a minimum of five (5) days after the onset of symptoms.

- Cases may be released from isolation after they are fever-free for 24 hours (without medication) and show improvement in symptoms.

Asymptomatic persons who have had close contact with a COVID-positive person are no longer required to quarantine but should wear a mask for 10 days.

- Close contact means being less than 6 feet away from an infected person for 15 minutes or longer over a 24-hour period.

If you develop symptoms, get tested immediately and quarantine until you receive test results.

If no symptoms develop, the Tennessee Department of Health recommends that you get tested on or after day five (5).

SOURCE: CDC.GOV, TENNESSEE DEPT. OF HEALTH

The Contact Tracking Team remains available to answer questions and address concerns Monday through Friday, 8 a.m. to 4 p.m. The number for the team is 901-416-1730.