

"Juniors Preparing for Senior Year"

I. Course Selections and Scheduling

- A. Course Selections will start at the end of March
 - a. AP approvals and appeals to help select courses
 - b. Review graduations requirements
 - c. Ask questions: Talk to your counselor
 - d. Catch up: Enroll in summer school/ online course to recovery any classes

II. Summer

- A. Prepare for Senior Year
 - a. Career Interest Inventory
 - b. Research Colleges
 - c. Common Application and Admissions Deadlines
 - d. Start writing essays
 - e. Create a Résumé
 - f. Retake the ACT
 - g. Formulate an organization process (calendar, spread sheet etc...)

III. College Search

- A. Begin researching colleges that you have an interest in, heard about, parents are alumni, siblings attended, etc.
- B. When doing the research:
 - a. Admission/Scholarship requirements/Deadlines/Dorms
 - b. If school requires letters of recommendations (teachers/counselors)
 - c. Required courses, i.e. 3years of a foreign language, 4years of science, computer course
 - d. Utilize all resources: bigfuture.collegeboard.org, Fastweb.com, Ecampustours.com, etc.

IV. College Visits

- B. On-Campus Visits
 - a. Sign-up at least the day before the visit in the lobby of the guidance office
 - b. The teacher must give permission to leave his/her class
 - c. The student must also have at least a C and satisfactory conduct in the class that they will miss
- C. Off-Campus Visits
 - a. Juniors allowed 2 excused absences in the spring to visit a college of interest.
 - b. Seniors allowed 2 excused absences in the fall
 - c. Call ahead to make an appointment for a campus tour/information session
 - d. Talk with students or advisors on campus while visiting
 - e. College visit forms are available on the counselor's website
 - f. Upon returning to school, the student will have to bring reputable evidence from the school that you visited.

V. Applying to College

- A. Complete application/ most are online, some have paper applications
- B. Application fees range from free to \$75
- C. Ask counselors to send transcripts
- D. Provide envelopes and stamps (if necessary)
- E. Students are responsible for sending ACT or SAT scores
- F. Be realistic about college. Go where the money takes you, Be open to change

VI. Special Interest

- A. Art- consult with art teacher about developing a portfolio
- B. Athletics- talk with your coach... athletes hoping to participate in Div 1 or Div II sports must complete the NCAA Clearinghouse application at the beginning of their junior year at www.ncaaclearinghouse.org
- C. Music/Theater-consult with current music teachers to assist with developing auditions, cds and/or other evidence of talent.
- D. Begin application process for service academics (West Point, Annapolis, etc.)

VII. Scholarships

- A. Prepare a scholarship list. Make sure you meet the criteria. Saves time when they open in the fall. Schools consider GPA, test scores, rigor and recommendations. Each college varies.
- B. Prepare a scholarship list.
 - A. 29 -36 ACT score – Full tuition + expenses (most cases)
 - B. 29 -25 ACT score – Partial and some full
 - C. 24 -21 ACT score – Varies, Hope Scholarship

VIII. Tips Senior year can be stressful. Elevate stress by...

- A. Being organized, Staying on top of assignments, Fight the urge to procrastinate

- B. Do your best on ACT or SAT. However, don't let a score define you
- C. Feeling overwhelmed: Talk to your counselor, teacher, parents and friends- You are not alone
- D. Be realistic about your workload. Don't take too many AP courses in your senior year
- E. Keep up with your grades; Utilize Parent Connect weekly
- F. Find yourself in a hold, quickly dig yourself out. Make arrangements with teacher, take leave from work...
- G. Take care of yourself; Get adequate sleep, eat well, exercise and have some fun

IX. If you need help? Questions, Please contact the Counselor below (according to last name):

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|------------------------|-------|--------------|
| A. Leslie Fleming | (A-E) | 901-416-8894 |
| B. Heather Heaston | (F-K) | 901-416-7935 |
| C. Tamala Brown-Malone | (L-R) | 901-416-7920 |
| D. Stephanie McClain | (S-Z) | 901-416-7906 |

Graduation Requirements

Subjects	Credits	Requirements- AP courses may substitute for the equivalent course.
Math:	4	Algebra I, Geometry Algebra II and a fourth higher level math course
English:	4	English I, II, III, IV
Science:	3	Biology, Chemistry or Physics, and a third lab course
Social Studies:	3.5	World History/Geo, U.S. History, U.S. Government & Economics, Personal Finance - AJROTC I, II & III may substitute for Per. Finance
Physical Education and Wellness:	1.5	Lifetime Wellness and P.E. or AJROTC I and II
Foreign Language:	2	Same Language
Fine Arts:	1	Visual Art, Choir, Band, Orchestra or Theater
Elective Focus:	3	Math and Science, Career and Technical Education, Fine Arts, Humanities, AJROTC, Advanced Placement (AP), Dual Enrollment
Total	22	CORE CREDITS, a passing Civics Test score and an ACT score to graduate