

## "The Junior Year of High School is Pivotal."

There are numerous decisions that you make during your junior year that can have an impact, positive or negative, for years to come.

Here's how your junior year of high school should look, month-by-month.

### AUGUST

- Meet with your [guidance counselor](#) to confirm your courses for your junior years have the right balance of rigor and challenge to get into a competitive college.
- Have an organizational system. A folder to keep important items you want to include in your high school résumé or portfolio.
- You'll want your grades for this entire junior year to be as strong as possible. Become familiar with all resources that will help: teachers' grading systems, syllabi, websites, extra credit, tutoring and emails.

### SEPTEMBER

- Know the [Tennessee graduation requirements](#). Review your transcript.
- Get involved in one or two organizations or clubs. It's not the number of organizations you belong to, but that you have leadership experience that matters the most.

### OCTOBER

- Use the [Counselor's Corner Resources!!!](#)
- Analyze, Examine & Prioritize your grades (Continuously check your PowerSchool)
- Set goals: You should set a least 2 goals, one short term and one long term.
- Find opportunities to study for the ACT. ([ACT Practice](#), Prep workshops, [ACT Website](#), ect...)
- **Fight the urge to procrastinate!**

### NOVEMBER

- Keep focused on your grades. Remember, shoot for best grades possible for this entire junior year.
- Start your research for potential colleges and [careers](#). Use the [counselor's website](#)
- [ASVAB \(November 2023\)](#) Students who are interested in the military.
- **Suggestion:** Take the National ACT in December to become familiar before March. Registration is [actstudent.org](#)
- Continue gathering materials for your resume and portfolio or film.

### DECEMBER

- Receive your PSAT scores.
- Look ahead to the spring for your other standardized tests: AP Placement Exams, [End of Course, & ACT \(March 2024\)](#)
- **Suggestion:** Take the National ACT in December to become familiar before District ACT in March.

### JANUARY

- National Honor Society, 3.85 GPA, 25 hrs of community service, & leadership.
- Juniors allowed 2 excused absences in the spring to visit a college of interest.
- Enrich your studies with [summer programs](#), internships or [Dual Enrollment](#).
- Stay focused on grades. Revisit Goals. Push yourself hard to end the year with solid grades.

### FEBRUARY

- Count down to the ACT! Buckle down and use ACT study materials. Find study materials for the ACT.
- Begin to focus on the key 5 to 10 colleges that are a good fit (based on your academics and career choice). Use Naviance to become familiar colleges and careers.
- Stay focused on grades.

### MARCH

- **ACT in March at White Station High – You do not have to register for the district test.**
- Have a list of 4 schools you would like your scores sent to.

### APRIL

- Course Selections with your guidance counselor to assure a challenging senior year of courses.
- Consider [visiting some of the colleges](#) on your list.
- Begin identifying teachers who may be willing to write recommendations letters for you. (You should have already established a good rapport.)

### MAY

- Take End of course test & AP Placement Exams if you have taken AP courses. **AP Exams May 18-28**
- Firm up your summer plans, including visits to other colleges on your list.

### JUNE

- Be sure to get the most of your summer vacation.
- Dual Enrollment is a great option
- Continue contemplating various [careers](#), colleges and [college majors](#).  
<https://www.collegeexpress.com/college/search/>
- Start on college essays and don't forget about summer reading list.



Graduation Requirements 22 Core Credits and an ACT score

English	4	I, II, III, IV
Math	4	Algebra I, Geometry, Algebra II & Senior Math or the equivalent
Science	3	Physical Science, Biology, Chemistry or Physics or the equivalent
Social Studies	3½	World Hist/Geo, Personal Finance, U.S. History & Econ/Gov.
Wellness & P.E.	1 ½	1 and ½ semester of P.E. or ROTC I and II
World Language	2	Same language
Fine Arts	1	Visual Art, Choir, Band, Orchestra, Theater, Music
Elective Focus	3	Credits in the same academic focus.

Giving a minimum of 22 core credits & an ACT score.

White Station High School Graduation Readiness

Student's Name: \_\_\_\_\_

22 Core Subjects minimum	Semester 1 & 2	Final Grade	Final Credit	Notes:
<b>English</b> (4 credits) English I, II, III, IV				
English I				
English II				
English III				
English IV				
<b>Math</b> (4 credits) Algebra I, Geometry, Algebra II & Senior Math or the equivalent				
Algebra I				
Geometry				
Algebra II				
Mathematics				
Upper Level Math				
<b>Science</b> (3 credits) Lab Science, Biology, Chemistry or Physics or the equivalent				
Lab Science				
Biology				
Chemistry or Physics				
<b>Social Studies</b> (3 ½ credits) World History/Geo, Personal Finance, U.S. History & Econ/Government				
World History or World Geo (1)				
Personal Finance (.5)				
U.S. History (1)				
U.S. Government (.5)				
Economics (.5)				
<b>Wellness</b> (1 ½ Credits) 1 and ½ semester of P.E. or ROTC I and II				
Lifetime Wellness (1 credit)				
P.E. (.5)				
<b>Foreign Language</b> (2 credits) Two of the same languages				
1.				
2.				
<b>Fine Arts</b> (1 credit) either one of: Visual Art, Choir, Band, Orchestra, Theater or Music				
1.				
<b>Elective Focus of Study</b> (3 credits) Minimum three credits in the same academic focus. Students may have more credits.				
	Semester 1 & 2	Final Grade	Final Credit	Notes:
1.				
2.				
3.				