



Title and Author: I Am SuperKid!

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Genre/Text Type: Fiction

Theme/Idea:

- Eating vegetables makes you strong

Vocabulary – Related Words for Discussion:

- Recipe: a set of instructions used to make food
- Realize: to discover or understand
- Halt: to stop
- Sidekick: a person who helps a superhero

Before Reading:

Questions to build predicting skills

- Based on the cover, what do you think the story is about?
- How many of you have ever dressed up as a superhero?

Go Back to the Story:

Questions to lead into a classroom discussion about story

- Page 8 – What is in the new recipe mom makes for Milo? *Answer: green stuff; vegetables*
- Page 12 – How does eating the green stuff make Milo feel? *Answers may vary (He feels great; He feels good/amazing)*
- Page 20– Why doesn't Milo feel super? *Answers may vary (Because he just woke up; He's tired; He hasn't eaten any green stuff)*
- Page 24 – What amazing thing does Milo do after eating? *Answer: He stops the dog from running into the garden*

Making Connections

Story to Real World

- Why is it important to eat your vegetables? What is your favorite vegetable?