



Staying Connected with Counselor Hodges

Brewster Elementary
4/26- 5/30 2020

Office Hours
Monday- Friday
10:00 am-12 noon M-F
Call or text Mrs. Hodges
901-492-1431



Kool-Aid Playdough

Materials

Bowl

1 cup cold water

1 cup salt

2 teaspoons vegetable oil

Tempera paint or food coloring/Kool Aid

3 cups flour

2 tablespoons cornstarch

Directions

In bowl, mix water, salt, oil, and enough tempera paint or food coloring to make a bright color.

Gradually add flour and cornstarch until the mixture reaches the consistency of bread dough.

Store covered.

Social-Emotional Learning Game to Play With Your Child.



Turtle Time

The goal:

To help kids practice observing what's going on around them. Picking up on social cues helps kids get their needs met and understand the perspective of others.

How to play:

When you and your child get to the playground and other places, look around like a turtle in a slow, exaggerated fashion. Take turns sharing details about what you see: "All the swings are taken." "There's a short line for the slide."

Help your child connect these observations with choosing how to behave. For example, when the swings are crowded, your child may decide to go on the slide first.

Keep in mind:

You don't have to pretend to be turtles. You could pull out your pretend binoculars or a special pair of glasses to help you see better. You could also play "I spy with my little eye." You and your child can take turns spotting social interactions and describing them until the other player finds what you're looking for.

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